

DESIGN 1 An all-round posy arrangement for your table.

You can also insert a candle or candles which gives a good atmospheric feel to your dining.

Choose your bits and pieces (components) to enhance your table setting by either matching/harmonising or contrasting with your colour scheme.

REQUIREMENTS

Container should be about 15cm diameter size (jar lid, plant pot saucer or even teaset saucer.)

Floral foam - one sixth of a block - green for fresh flowers.

Floral tape or sellotape if you are a complete novice and don't have tape.

Linear foliage - some fine delicate outline pieces (about 15cm long) suggestions - Hebe, Cotoneaster, Cupressus, Berberis and many more

Focal foliage - a few larger leaves to make dominant areas and help to conceal the rim of your container suggestions - Ivy, Heuchera, etc.

Infill/Transitional Foliage - Some shorter more bushy pieces to fill in any gaps, suggestions Flat conifer, Pittosporum, Senecio, etc.

Flowers - Just a small handful of your choice either bought or from the garden.

CONDITION

Re-cut stems, remove lower leaves and place in a few inches of tepid water for a minimum of two hours.

METHOD

- * Start by preparing your floral foam.
- * Chamfer the edges of foam to give greater foam space
- * Make sure that your container is completely dry. Put floral tape over the foam and round the container and back on itself. Corner to corner.
- * Decide on the length (10 to 15cms) of your outline foliage, cut the stem on the diagonal and remove the leaves from lower part of stem.
- * Insert 3 outline/linear foliage into the foam and resting on the container - space them one in each one-third of the way around the design.
- * At the base of 3 main linear foliage place the larger leaves to make a dominant areas.
- * Follow your outline shape with smaller flowers and just a few larger ones that are inserted deeper nearer the floral foam.

- * Save your special flowers and put them near the larger leaves.
- * Lastly take your infill foliage and insert into any gaps. Keep within your outline shape.
- * Fill your container with water and if appropriate mist your foliage

NOTE: This arrangement is suitable for smaller tables, round tables or square tables. For oval or oblong tables it's probably more appropriate to have an elongated horizontal design. This can be easily achieved by inserting four main stems at the start of your arrangement - elongating the two end placements.

We would recommend that you watch videos made by John McDonald for Youtube. (Flower Joos)

1. How To Make A Posy Flower Arrangement In Floral Foam

2. How to make a Dining Table Arrangement

[#flowerjoos](#) [#diningtablearrangement](#) [#traditionalarrangement](#)

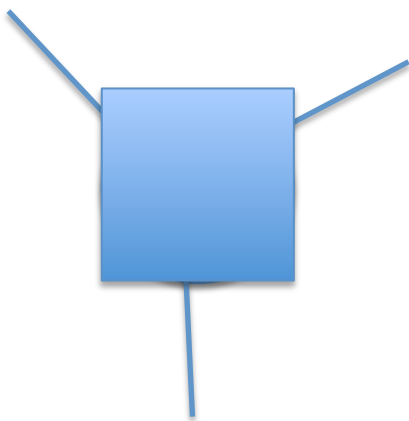


SEE SKETCHES BELOW

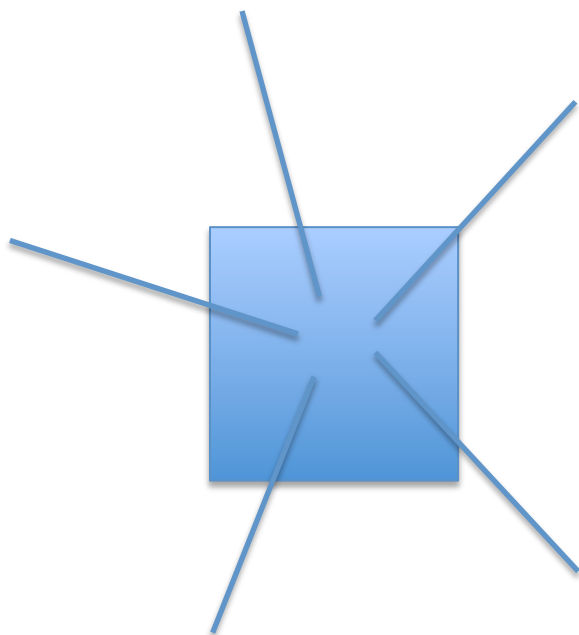


HORIZONTAL designs are low. Flat and tranquil. Their passive linear feeling is created by extending the length of the horizontal line for more impact. Can be used as a table arrangement, with or without candles.

OVERHEAD VIEW
SMALL DISH

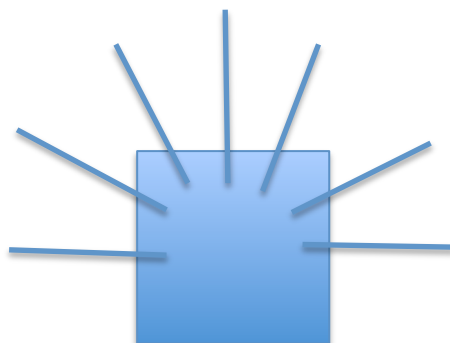


OVERHEAD VIEW
LARGER DISH

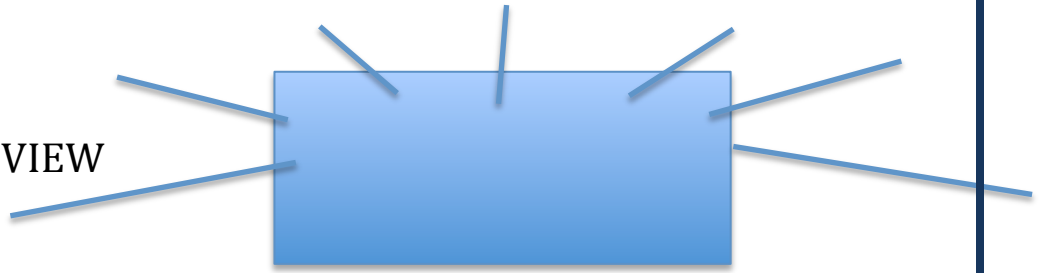


SIDE VIEW

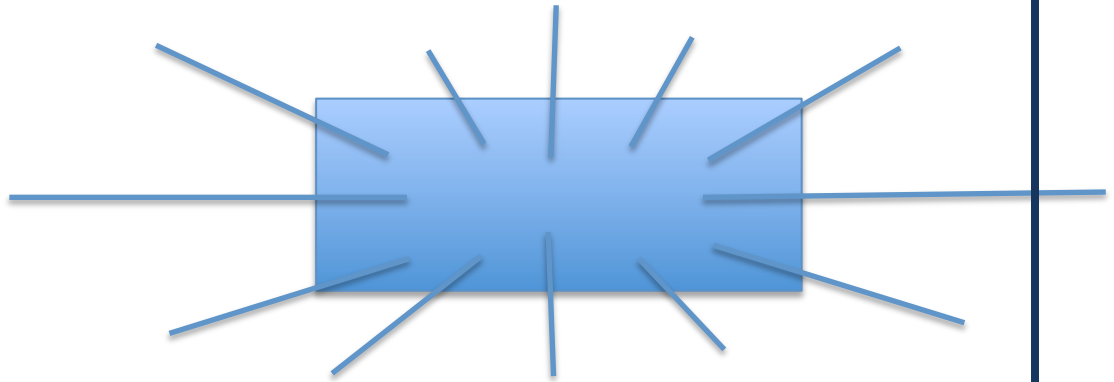
POSY DESIGN



SIDE VIEW



OVERHEAD VIEW



HORIZONTAL TABLE DESIGN

Design 2 - Easy Traditional Vertical

REQUIREMENTS

- *Approximate size 15cm Round shallow container e.g teaset saucer or plant pot saucer etc.
- *One sixth block of Floral foam for fresh plant material.
- *Floral tape -you only need a small amount. If you are just starting you can use sellotape.
- *3 to 5 stems of outline, vertical plant material e.g. slim phormium, Iris, sticks, straight privet or similar or you may use the foliage from the flowers if suitable
- *3 to 5 focal foliage e.g. Ivy leaves, small Bergenia , Heuchera, Fatsia, Fatshedera or similar
- * 3 to 5 single stem Flowers e.g. Iris, Single carnation, Dahlia, Roses or similar with a straightish stem and a single flower.

METHOD

- *Condition your plant material
- * Prepare mechanics. Chamfer edges of foam and attach the floral foam in the container with floral tape.
- * Insert your first outline material in the middle of the foam and towards the back.
- * Now zig-zag the other outline from side to side making sure that they are at different heights.. The stems should be fairly close together and appear to be coming from the same place. This is called **Radiation**. (Like the spokes of a wheel)
- * Insert the focal leaves at the base of the foam giving space between them.
- * Now put in the flowers from top to bottom following your outline and again make sure that they are at different heights. Smaller/buds at the top and larger at the bottom.

If you wish you can now stand this inside another shallow dish, on a board or plate.

Remember to keep topping up the water.

The same design can be put on top of a cylindrical container.

Follow the diagram/s.

We have added some examples to help you.

DON'T FORGET TO PHOTOGRAPH FOR YOUR PORTFOLIO AND ADD THE RELEVANT NOTES.

